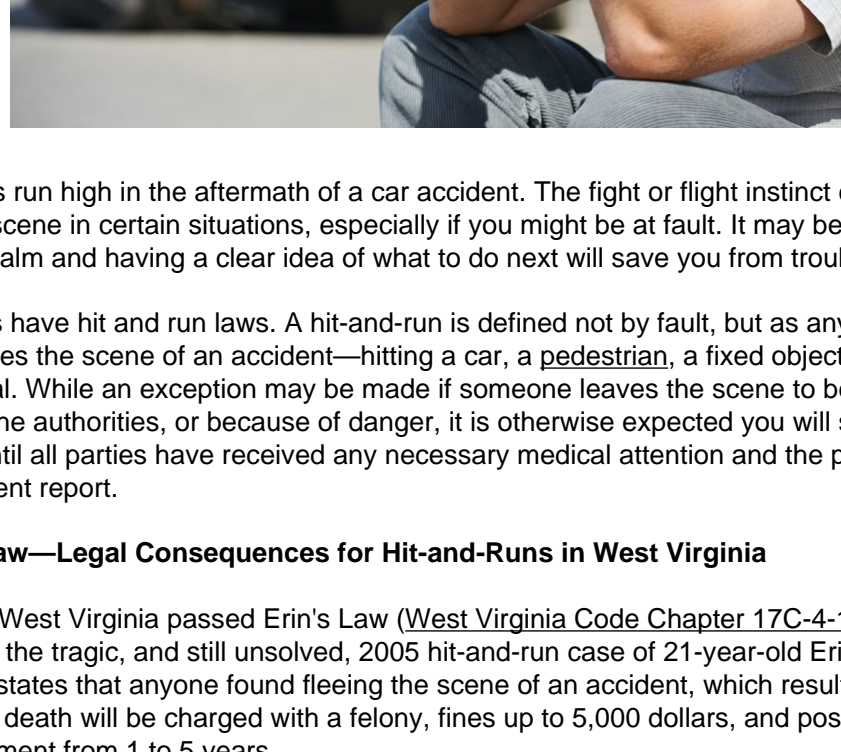




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Car Accident - Why You Shouldn't Leave the Scene



Emotions run high in the aftermath of a car accident. The fight or flight instinct can be to flee the scene in certain situations, especially if you might be at fault. It may be hard, but staying calm and having a clear idea of what to do next will save you from trouble later.

All states have hit and run laws. A hit-and-run is defined not by fault, but as any driver who leaves the scene of an accident—hitting a car, a pedestrian, a fixed object, or even an animal. While an exception may be made if someone leaves the scene to be able to contact the authorities, or because of danger, it is otherwise expected you will stay at the scene until all parties have received any necessary medical attention and the police file an accident report.

Erin's Law—Legal Consequences for Hit-and-Runs in West Virginia

In 2017, West Virginia passed Erin's Law ([West Virginia Code Chapter 17C-4-1](#)), following the tragic, and still unsolved, 2005 hit-and-run case of 21-year-old Erin Keener. The law states that anyone found fleeing the scene of an accident, which resulted in injury, or death will be charged with a felony, fines up to 5,000 dollars, and possible imprisonment from 1 to 5 years.

In addition to being fined and facing possible prison time, you are also at risk of losing your license for one year from the date of conviction or the date of release from incarceration, whichever is later.

You may be wondering, what if I'm not at fault? According to [West Virginia law](#), leaving the scene of any collision where a car is damaged is considered a misdemeanor. A misdemeanor can also result in fines and jail time.

Whenever there is damage or injury in a car accident, the best outcome will come from staying at the scene until the police say you can leave.

Keep Your Cool—Know What to Do After an Accident

The best way to make sure you stay calm after a collision, regardless of fault, is to know ahead of time [what to do after an accident](#).

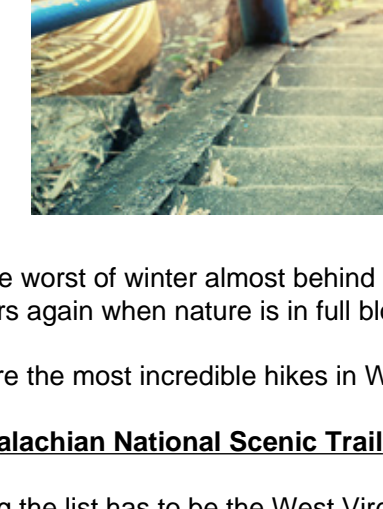
Key things to remember:

- **Check that everyone is okay**—call an ambulance if necessary
- **Don't apologize for the accident or someone else's injuries**—anything you say may be held against you when trying to file an accident claim
- **Talk to witnesses**—gather contact information from anyone who saw the accident, including the other driver
- **Call the police**—avoid speaking about the accident to anyone, including to insurance companies, until after you give the facts to the police and an attorney first
- **File a claim with your insurance company**—be brief and stick to the facts
- **Take pictures and notes**—this will help you when filing a claim

If you are injured in any type of accident, you need a qualified West Virginia attorney on your side. We have the right experience to get you the compensation you deserve for economic losses as well as pain and suffering.

We Are Holding JUUL Accountable!

Reports show the JUUL may have targeting teens to buy e-cigarettes.
Now, many are suffering from negative health issues associated with the product.



Teens that use JUUL products have been diagnosed with serious health issues including:

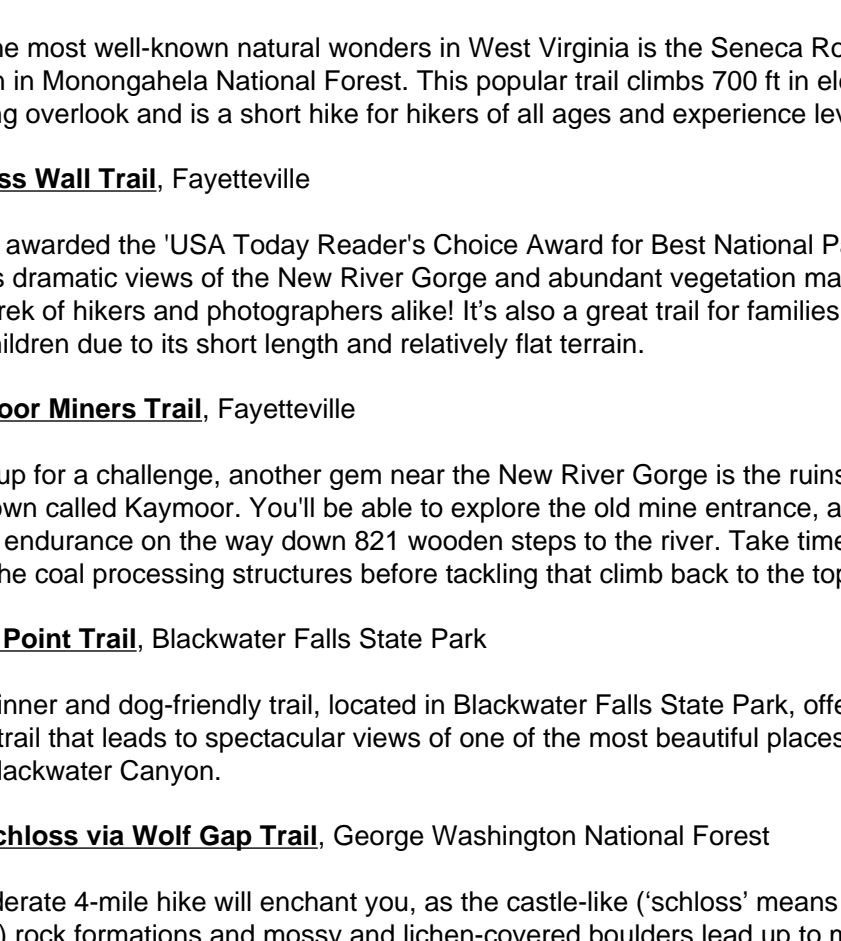
- Extreme nicotine addiction
- Heart attack & seizures
- COPD and pneumonia

Parents with kids using JUUL e-cigs have legal options available.
Click here for more information regarding legal options for teens, young adults and parents.

[CLICK HERE FOR MORE INFORMATION](#)

OR CALL US AT 888-720-1001

Spring is Coming - Top 10 Hiking Trails in West Virginia



With the worst of winter almost behind us, we're daydreaming about getting back outdoors again when nature is in full bloom!

Here are the most incredible hikes in West Virginia to consider:

1. Appalachian National Scenic Trail, Harpers Ferry

Topping the list has to be the West Virginia section of the historic 14-state, over 2,178 mile Appalachian National Scenic Trail. 4 miles of the trail go through Harpers Ferry, which is also the headquarters of the Appalachian Trail Conservancy.

2. Seneca Rocks Trail, Monongahela National Forest

One of the most well-known natural wonders in West Virginia is the Seneca Rocks formation in Monongahela National Forest. This popular trail climbs 700 ft in elevation to a stunning overlook and is a short hike for hikers of all ages and experience levels.

3. Endless Wall Trail, Fayetteville

Recently awarded the USA Today Reader's Choice Award for Best National Park Hike, this trail's dramatic views of the New River Gorge and abundant vegetation make for a favorite trek of hikers and photographers alike! It's also a great trail for families with young children due to its short length and relatively flat terrain.

4. Kaymoor Miners Trail, Fayetteville

If you're up for a challenge, another gem near the New River Gorge is the ruins of the old mining town called Kaymoor. You'll be able to explore the old mine entrance, and then test your endurance on the way down 821 wooden steps to the river. Take time to explore the coal processing structures before tackling that climb back to the top!

5. Lindy Point Trail, Blackwater Falls State Park

This beginner and dog-friendly trail, located in Blackwater Falls State Park, offers a 0.8-mile trail that leads to spectacular views of one of the most beautiful places in the state—Blackwater Canyon.

6. Big Schloss via Wolf Gap Trail, George Washington National Forest

This moderate 4-mile hike will enchant you, as the castle-like ('schloss' means castle in German!) rock formations and mossy and lichen-covered boulders lead up to magical sweeping mountain views.

7. Lion Head Loop, Dolly Sods Wilderness Area

Arguably, the most unique spot on the list, this trail presents a wide variety of interesting landscapes and vegetation. Grassy meadows lined with spruce, sphagnum bogs, wind-carved boulders, waterfalls, and plenty of stunning mountain vistas makes this one of the top destinations for hikers in the state and country alike.

8. Spruce Knob via Huckleberry Trail, Spruce Mountain

At 4,863 feet, the summit of Spruce Mountain is not only the highest point in West Virginia but also in the Allegheny Mountains. Hikers will be able to get a 360-degree panoramic view from the observation tower. Though high, the hike is moderate, and as the name suggests, an abundance of wild blueberries and huckleberries can be found.

9. Hawks Nest Rail Trail, Ansted

A great family trip at 1.8 miles, this out-and-back hike still has a lot to see like bridges, waterfalls, and an old coal mine. After you're done, spend some time to see all that Hawk Nest State Park has to offer including a nature museum, aerial tramway and jetboat rides!

10. Greenbrier River Trail, Cass

This 78-mile trail for hikers, bikers, and horse riders is the longest in West Virginia. You'll cover a lot of ground, including 35 bridges, two tunnels, and stops in a few small towns. This trail travels through some of the most remote parts of West Virginia, including a designated National Radio Quiet Zone, so forget your phone and enjoy the awe-inspiring views!

We know facing the aftermath of an accident can be one of the most difficult and overwhelming situations in life. If you or a loved one was in an accident or suffered personal injury in Charleston, the experienced West Virginia attorneys at [Mani Ellis & Layne, PLLC](#) are here to help. Contact us today at 877-264-0851 for a free consultation about your case.

From our Blog

How to Stay Safe Around Erratic Truck Drivers

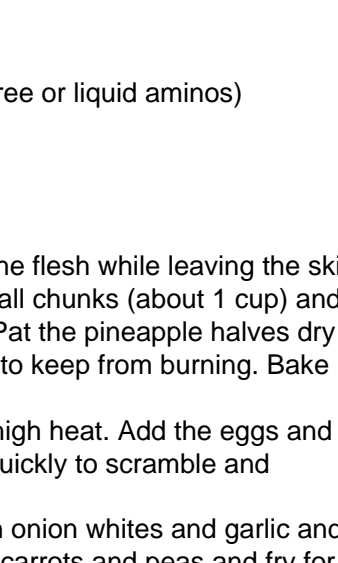


Whether you're traveling interstates 64 and 77, or other major roadways throughout the Charleston area, you likely share the road with large commercial trucks.

Typically, big rigs don't pose any serious risk to drivers of smaller passenger cars. That's because many truck drivers have gone through extensive training. They've gained the experience needed to operate such a large vehicle. Furthermore, many trucking companies do their best to comply with federal safety standards.

[Click Here to Read More](#)

What You Need to Know About Nursing Home Negligence!



Time is of the essence if you or a family member suspects neglect or negligence.

The state of West Virginia has shortened the Statute of Limitations for Nursing Home Abuse or Neglect to **1 YEAR** from the date of death or discovery of negligence!

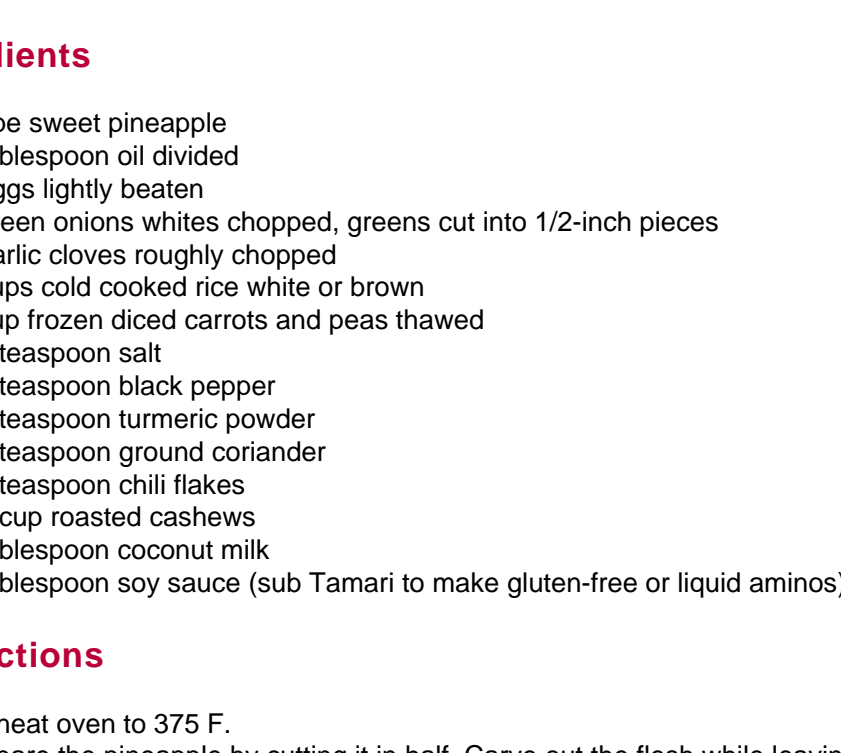
As a firm, we have worked hard to defend the rights of the elderly and their families in West Virginia and hold corporate wrongdoers accountable. We are here for you to answer any questions you may have regarding your situation. Give us a call at (304)720-1000 for a free consultation.

HELP US GROW!

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CHECK OUT OUR weekly [Blogs](#)



**Recipe of the Month
Thai Baked Pineapple Fried Rice**



This delicious Thai Pineapple Fried Rice with cashews is baked inside a carved pineapple for a unique tropical twist and extra juicy pineapple flavor. This vegetarian meal can also be served with a protein of choice. Can be made gluten free and clean eating.

Ingredients

- 1 ripe sweet pineapple
- 1 tablespoon oil
- 2 eggs lightly beaten
- 4 green onions whites chopped, greens cut into 1/2-inch pieces
- 3 garlic cloves roughly chopped
- 2 cups cold cooked rice white or brown
- 1 cup frozen diced carrots and peas thawed
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon turmeric powder
- 1/4 teaspoon ground coriander
- 1/4 teaspoon chili flakes
- 1/4 cup roasted cashews
- 1 tablespoon coconut milk
- 1 tablespoon soy sauce (sub Tamari to make gluten-free or liquid aminos)

Instructions

1. Preheat oven to 375 F.
2. Prepare the pineapple by cutting it in half. Carve out the flesh while leaving the skin intact to create cavities. Chop half of the flesh into small chunks (about 1 cup) and set aside. Freeze remaining pineapple for other use. Pat the pineapple halves dry with paper towel. Cover the leaves with aluminum foil to keep from burning. Bake the pineapple boats for about 5 minutes to dry them.
3. Heat 1/2 tablespoon of oil in a large skillet or wok on high heat. Add the eggs and cook without stirring for about 30 seconds. Then stir quickly to scramble and remove from pan.
4. Add the remaining 1/2 tablespoon oil to the pan, stir in onion whites and garlic and stir fry for half a minute until fragrant. Add the thawed carrots and peas and fry for a couple minutes.
5. Push the veggies to one side of the pan, then add the cold cooked rice. Stir fry on high while adding coconut milk, soy sauce and spices (salt, pepper, turmeric, coriander and chili flakes).
6. Combine with the veggies from the side of the pan and stir scrambled eggs back into the rice. Add in frozen onion pieces, chopped pineapple and cashews and stir. Fill into pineapple shells and bake for about 10 minutes until heated through.
7. Garnish with more cashews and green onion. Serve right away.

Recipe courtesy of [LeelaLicious.com](#)

What's Happening In & Around Charleston, WV

- Mar 15**
Karian Casey
Culture Center Theater
Charleston, WV
- Mar 22**
Marc Cohn
Culture Center Theater
Charleston, WV
- Mar 24**
Stomp
Clay Center For The Arts & Sciences
Charleston, WV
- Mar 26**
Sally Allan
Mountain Health Arena
Huntington, WV
- Mar 31**
Black Violin
Clay Center For The Arts & Sciences
Charleston, WV
- Apr 3**
Aaron Lewis
Charleston Municipal Auditorium
Charleston, WV
- Apr 23**
Three Dog Night
Clay Center For The Arts & Sciences
Charleston, WV
- Apr 25**
Ohio Valley Symphony - Appalachian Spring
Ariel Ann Carson Dater Performing Arts Centre
Gallipolis, OH
- May 5**
Alison Krauss
Mountain Health Arena
Huntington, WV
- May 10**
Chris Botti
Clay Center For The Arts & Sciences
Charleston, WV

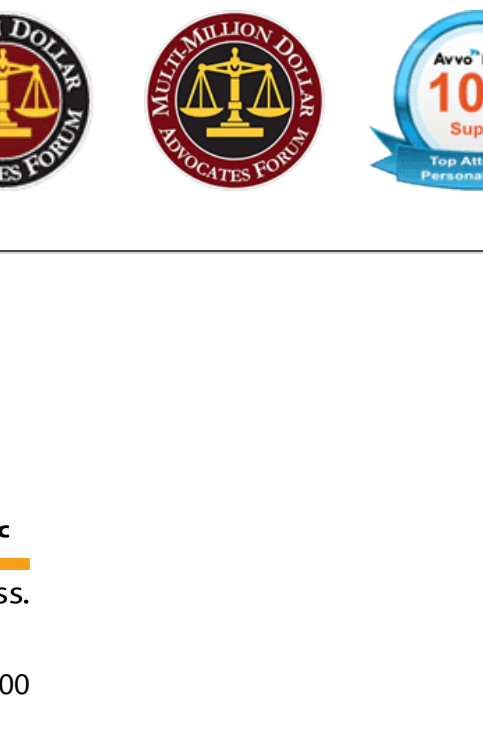
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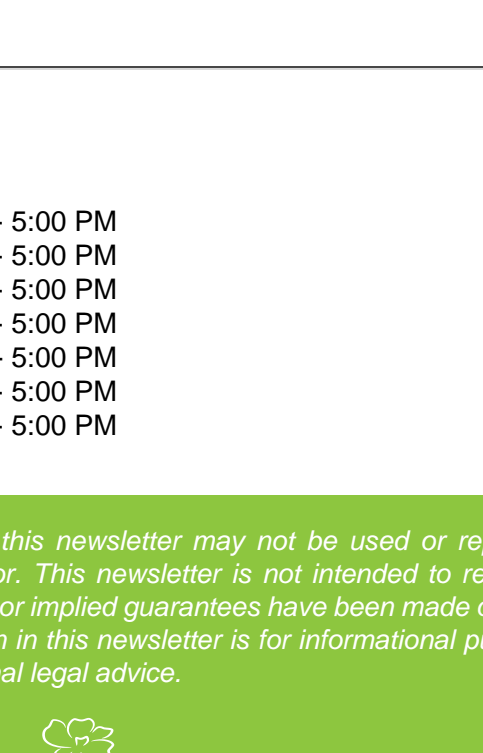
Meet Our Attorneys



Jonathan R. Mani



Damon L. Ellis



Bernard E. Layne III



Our Office

MANI ELLIS & LAYNE, PLLC
It's not just business. It's personal.™

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Office Hours

Monday	9:00 AM - 5:00 PM
Tuesday	9:00 AM - 5:00 PM
Wednesday	9:00 AM - 5:00 PM
Thursday	9:00 AM - 5:00 PM
Friday	9:00 AM - 5:00 PM
Saturday	9:00 AM - 5:00 PM
Sunday	9:00 AM - 5:00 PM

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